



La Galleguita

Choreographer: Rob Fowler

~Official GOLD competition dance 2025 - 2026~

Type of dance: 32 Count, 4 Walls, Generational – Line Dance
 Level: Experienced
 Music: "La Galleguita" by Alex Fox (GOLD Edit – Original Speed)
 Intro: 32 counts from first beat in music (app. 16 seconds into track)

Counts	Movement Description	End facing
1 – 8	Walk 2x, Step Lock Step Fwd, Rock Step, Shuffle ¾ Turn L	
1 – 2	Step R forward (1), Step L forward (2)	12:00
3 & 4	Step R forward (3), Lock L behind R (&), Step R forward (4)	12:00
5 – 6	Rock L forward (5), Recover on R (6)	12:00
7 & 8	Turn ½ L stepping L forward (7), Step R next to L (&), Turn ¼ L stepping L forward (8)	3:00
9 – 16	Rock Step R, Cross Shuffle, Rock Step L & Flick, Cross Shuffle	
1 – 2	Step R to R side (1), Recover on L (2)	3:00
3 & 4	Cross R over L (3), Step L to L side (&), Cross R over L (4)	3:00
5 – 6	Step L to L side (5), Recover on R & flick L to L side (6)	3:00
7 & 8	Cross L over R (7), Step R to R side (&), Cross L over R (8)	3:00
17 – 24	Modified Rumba Box Fwd, Modified Rumba Box Back	
1 – 2	Step R to R side (1), Step L next to R (2)	3:00
3 & 4	Step R forward (3), Step L next to R (&), Step R forward (4)	3:00
5 – 6	Step L to L side (5), Step R next to L (6)	3:00
7 & 8	Step L back (7), Step R next to L (&), Step L back (8)	3:00
25 – 32	Step Back Point Hold 2x, Step Back & Point 3x, Close & Flick	
& 1 – 2	Step R back (&), Point L forward (1), Hold (2)	3:00
& 3 – 4	Step L back (&), Point R forward (3), Hold (4)	3:00
& 5 & 6	Step R back (&), Point L forward (5), Step L back (&), Point R forward (6)	3:00
& 7 – 8	Step R back (&), Point L forward (7), Step L next to R & flick R back (8)	3:00