



# Rulesbook

## INTERNATIONAL EVENTS

Welcome to the organisation GOLD  
Global Organisation of Line Dance

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## 1.1 - INTRODUCTION

The intention of the GOLD Rules board is to simplify the rules as much as possible, but yes, we do need rules.

We try to generalize as much as possible as many rules are the same for many categories. Our goal is to clarify the rules, so it is understandable for all dancers, teachers, judges etc. GOLD is an organisation created by dancers for dancers and everybody should always have a chance to influence this organisation.

**The General Rules applies to all divisions, except the exceptions mentioned in the given divisions. So you have to read both, the General and the Rules for the divisions you want to dance in.**

## 1.2 - DIVISIONS & LEVELS OFFERED BY GOLD

<u>Divisions</u>	<u>Levels</u>
❖ Mini	- Mini 1 - Mini 2 - Special Heroes
❖ Line Classic ❖ Line Open ❖ Couples Classic ❖ ProAm Classic	- Starter - Newcomer - Novice - Intermediate - Advanced
❖ ProPro Classic	- ProPro
❖ Star	- Line Star - Couples Classic Star - Couples Showcase Star - ProAm Star - ProPro Star
❖ Line Showcase Classic ❖ Line Showcase Open ❖ Couples Showcase ❖ ProAm Showcase ❖ ProPro Showcase	- Showcase
❖ Free Style	- Free Style Starter - Free Style Experienced
❖ Partner Dance	- Partner Starter - Partner Experienced

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❖ Teams

- Starter
- Experienced
- Showtime

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❖ Choreography

- Beginner
- Improver/Intermediate
- Advanced

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❖ Wheelchair

- Wheelchair Starter
- Wheelchair Experienced

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❖ Generational

- Starter
- Experienced

# General Rules

The General Rules applies to all divisions, except the exceptions mentioned in the given divisions. So you have to read both, the General and the Rules for the divisions you want to dance in.

## 2.1 - COMPETITION PROCEDURE

- ❖ It's not allowed to participate in more than 1 age division **in the same category** at the same competition (example: **Line Classic** Newcomer Jade and **Line Classic** Newcomer Adult).
- ❖ Competitors must report to the floor coordinator 15 minutes prior to their competition.
- ❖ The staging area is only for the dancers in that shift & the floor coordinators.
- ❖ A Floor Coordinator will position the competitors on the dance floor. Nobody or nothing else is allowed to join during the competition.
- ❖ In Choreography, the choreographer chooses the **dancers** which will be on the floor from the start to the end of the given dance. **Of course, he/she can be alone as well.**
- ❖ As a dancer/competitor make sure that you are up to date with the rules of GOLD before competing, or ask your teacher to help you.
- ❖ Medical issues **must be** addressed with the first aider working at the competition, to help the first aider to be prepared before competition (i.e. asthma).
- ❖ The Contest Coordinator always has the final decision during the competition.
- ❖ All questions and doubts **must** be directed to the Contest Coordinator before and during a competition.
- ❖ Dancing at a competition will always be the dancer's own choice, risk and responsibility.
- ❖ Yearly membership fee is mandatory to be paid before any dancer can compete at a GOLD competition. Membership fee is paid through the GOLD website. Any questions regarding membership fee **must be emailed to** the following email address: **help@gold-dance.com**.
- ❖ All questions regarding registration for all events goes to: **help@gold-dance.com**.
- ❖ Everybody competing in the GOLD organisation has to pay membership fee (Except dancers up to 9 years old who are not turning 10 that same year, will have free membership), as it also includes online workshops and free competition music edits. **(Details on Gold Website)**
- ❖ Every division is a separate division. Here is an example: Classic and Open
- ❖ For intermediate and advanced dancers, they **have to** earn points in all separate divisions to graduate up.
- ❖ Your age is the age you will be on the last day of that calendar year.

## 2.2 - PRELIMINARY ROUNDS

- ❖ 13 or more **dancers in the same division** will result in preliminary rounds
- ❖ These rules do not apply to the Star Divisions, Teams, Choreography, **Generational**, Wheelchair and MINI.

## 2.3 - COSTUMES

- ❖ The costume rules apply to every dancer on the floor (i.e. Pros, Team Members ...), except stated otherwise in the given division.
- ❖ Hats are only required for Men or Leaders in Line Classic, Line Showcase Classic, Couple, ProAm, ProPro & Partner Experienced. Leaders don't have to wear a hat for ChaCha & WCS.
- ❖ The person who will be judged always has to wear the number.
- ❖ Cowboy Boots are mandatory for all Line Classic, Line Showcase Classic, Couple, ProAm, ProPro & Partner Experienced. Except all divisions below Youngster (15 years and below), due to the quickly growing feet of children.
- ❖ All Starter (Line, Mini, Partner, Couple, ProAm, Teams, & Wheelchair), **both Free Style, Generational & Choreography Divisions**, Cowboy Boots and Cowboy Hats are not mandatory.

- ❖ Stars Line: Cowboy Boots & Hat (for men) are required based on the motion danced, which includes Smooth, Waltz & Lilt.
- ❖ Danceshoes are mandatory in every division – except Stars Medleys & Teams Showtime.
- ❖ Cowboy Boots must have a minimum heel height of 2,5 cm (1 inch), min 30 cm (12 inches) calf length from the heel and up.
- ❖ In all divisions there are no clothing restrictions except Cowboy Boots and hats, but dress appropriately and panty hose **and dance pants** are required for women. Dancers **must** make sure, that **all** private parts **are not visible** all the time.
- ❖ Props are not allowed except in Team Showtime, Team Wheelchair & Stars Medleys.
- ❖ Dance related adverts are not allowed (except promoting our organization GOLD). Only small sponsored logos on costumes are allowed. Logos **must** be tasteful and not distract from the costume.

## 2.4 - MUSIC

### GOLD recommended BPM list for Couple/ProAm/ProPro

	Starter/New/Nov	Int/Adv/ProPro	Couples/ProAm/ProPro Stars
Triple Two	/	<b>85</b>	<b>85</b>
Polka	/	108 -118	110 - 120
Nightclub	60 - 65	55 - 60	52 - 58
Cha Cha	105 – 110	110 – 115	115 - 122
Waltz	85 - 90	80 - 85	75 - 83
Two Step	170 - 180	180 - 190	185 - 196
East Coast Swing	120 - 130	130 - 140	135 - 145
West Coast Swing	95 - 105	105 - 115	90 - 120

### Phrasing for Classic Couples & ProAm. No Tags or Restarts in the songs.

- ❖ Triple Two 16 Counts intro – 32 Counts phrasing
- ❖ Polka 16 Counts intro – 32 Counts phrasing
- ❖ Nightclub 16 Counts intro – 32 Counts phrasing
- ❖ Cha Cha 16 Counts intro – 32 Counts phrasing
- ❖ Waltz 24 Counts intro – 24 Counts phrasing
- ❖ Two Step 16 / 32 Counts intro – 32 / 64 Counts phrasing
- ❖ East Coast Swing 16 Counts intro – 32 Counts phrasing
- ❖ West Coast Swing 16 Counts intro – 32 Counts phrasing

### Length Of Music

- ❖ The music length for all Line Classic /Open, Free Style, Partner, MINI, Generational, Special Heros & Wheelchair will be approx. 2 min. The 2 mins will start counting when the dance starts.
- ❖ The original music will be used throughout the whole year. Original music can be pitch up or down.
- ❖ Line Showcase music will be approx. 2 - 2 ½ min, depending on the music edit.
- ❖ ProAm, ProPro & Couples Classic will be approx. 1 ½ min.
- ❖ ProAm, ProPro & Couples Showcase music will be approx. 1 ½ - 2 min, depending on the music edit.
- ❖ All Choreography music will be played for 2 ½ min – DJ will fade it out



## Music Preview

- ❖ Music preview in all divisions (except Mini, Teams and Choreography) will be a maximum of 30 seconds per dance. The music preview will be played 1 time per scheduled shift.
- ❖ ProAm & Couples Classic music will change every heat. Be aware that the music preview song will always differ from the competition's songs.

## Providing Music

- ❖ Stars Medleys, Teams and Choreography music must be uploaded into the system before the registration is closed.
- ❖ File must consist Competitors name, Name of the dance & Division (choreography/Medley/team).  
File must be a MP3 file.

## 2.5 - FLOORDANCE ETIQUETTES

- ❖ All competitors must respect the dance arena and not use any liquids, powders, chemicals or any other materials which could alter or damage the dance floor or cause stress to another competitor or Event Director.

## 2.6 - FLOORCRAFT

- ❖ All competitors must be respectful to other competitors and not interfere with or disrupt them.
- ❖ It's not allowed, to touch a competitor on purpose during competition.
- ❖ Leaving the dance floor during your heat is not allowed and can result in a penalty.
- ❖ After the Floor Coordinator has spaced the competitor on the floor, their dance space is determined.
- ❖ The competitor must remain within the flow of the step description.
- ❖ Variations **are never allowed** to interfere with another competitor.

## 2.7 - GENDER REQUIREMENTS

- ❖ GOLD has no gender restrictions in Couples/ProAm/ProPro & Partner.
- ❖ In ProAm & ProPro they will be judged as Leader and Follower. The person who will be judged always has to wear the number.
- ❖ In Line Dance Classic/Showcase/Stars Divisions Male will dance against Male and Female against Female.
- ❖ In the Free Style, Wheelchair, **Generational**, Choreography & Mini Divisions Male and Female will dance against each other.

## 2.8 - DATE CHANGES FOR NEW DANCES

- ❖ Can be found on the GOLD website – [www.gold-dance.com](http://www.gold-dance.com)

## 2.9 - GRADUATION CRITERIA

### General

- ❖ We use a point system for graduation to a higher division. You must collect enough points and fulfil the conditions for winning.  
Detailed information you'll find in the charts on Page 9 & 10
- ❖ Only Intermediate and Advanced competitors will earn points in the Showcase Division towards the Star Division.
- ❖ Your age is the age you will be on the last day of that calendar year.
- ❖ Graduation points are transferable between age divisions.
- ❖ If a **MUST** is received to graduate to the next level it will be posted on your personal profile.
- ❖ If you graduate to the next level, you graduate in all separate divisions at once.  
Example: Line Dance Classic and Open

LINE											
Division Level	Graduating to:	Points needed:	Total points needed						self graduate	Condition about WIN, What you received?	
			Classic			Showcase				MUST	OPTION
			Free	Classic	Open	Free	Classic	Open			
<b>Mini 1, 2 &amp; Special</b>	Graduation is not applicable in this division										
<b>Starter</b>	Newcomer	2	2						YES	Win the competiton against 2 or more competitors	Win the competiton at Worlds against 1 or no competitor
<b>Newcomer</b>	Novice	2	2						YES	Win the competiton against 2 or more competitors in Classic OR Open	Win the competiton at Worlds against 1 or no competitor in Classic OR Open
<b>Novice</b>	Intermediate	4	4						YES	Win the competiton against 2 or more competitors in Classic AND Open	Win the competiton at Worlds against 1 or no competitor in Classic AND Open
<b>Intermediate</b>	Advanced	6	2	2	2				NO	Win the competiton against 2 or more competitors in Line Classic AND Line Open	Win the competiton at Worlds against 1 or no competitor in Line Classic AND Line Open
<b>Advanced</b>	Star	12	2	2	2	2	2	2	NO	Win the competiton against 2 or more competitors in Line Classic AND Line Open AND Showcase Classic AND Showcase Open	Win the competiton at Worlds against 1 or no competitor in Line Classic AND Line Open AND Showcase Classic AND Showcase Open
<b>Star</b>	Graduation is not applicable in this division										
<b>Free Style Starter</b>	Free Style Experienced	2	2						YES	Win the competiton against 2 or more competitors	Win the competiton at Worlds against 1 or no competitor
<b>Free Style Experienced</b>	Graduation is not applicable in this division										

**When dancing alone or against 1 person at Worlds in Advanced and / or Showcase in Line an average of Gold Honours must be given to get the win for the Star division.**

COUPLE + PRO AM							
Division Level	Graduating to:	Points needed:	Total points needed		Self graduate	Condition about WIN, what you received?	
			Classic	Showcase		MUST	OPTION
Starter	Newcomer	1	1		YES	Win the competitor against 2 or more competitors	Win the competitor at Worlds against 1 or no competitor
Newcomer	Novice	1	1		YES		
Novice	Intermediate	2	2		YES		
Intermediate	Advanced	3	3		NO		
Advanced	Star	6	3	3	NO	Win the competitor against 2 or more competitors (you must win Classic AND Showcase)	Win the competitor at Worlds against 1 or no competitor (you must win Classic AND Showcase)
Star Classic	Graduation is not applicable in this division						
Stars Showcase	Graduation is not applicable in this division						

When dancing alone or against 1 couple at Worlds in Advanced and / or Showcase in Couple and/or ProAm an average of Gold Honours must be given to get the win for the Star division.

PRO PRO							
Division Level	Graduating to:	Points needed:	Total points needed		Self graduate	Condition about WIN, what you received?	
			Classic	Showcase		MUST	OPTION
ProPro	ProPro Star	6	3	3	NO	Win the competitor against 2 or more competitors (you must win Classic AND Showcase)	Win the competitor at Worlds against 1 or no competitor (you must win Classic AND Showcase)
ProPro Star	Graduation is not applicable in this division						

When dancing alone or against 1 couple at Worlds in Classic and / or Showcase in ProPro an average of Gold Honours must be given to get the win for the Star division.

PARTNER, CHOREOGRAPHY, TEAM AND WHEELCHAIR							
Division Level	Graduating to:	Points needed:	Total points needed		Self graduate	Condition about WIN, what you received?	
			Free			MUST	OPTION
Partner Starter	Partner Experienced	2	2		YES	Win the competitor against 2 or more competitors	Win the competitor at Worlds against 1 or no competitor
Partner Experienced	Graduation is not applicable in this division						
Choreography Beginner	Graduation is not applicable in this division						
Choreography Improver/ Intermediate	Graduation is not applicable in this division						
Choreography Advanced	Graduation is not applicable in this division						
Wheelchair Starter	Wheelchair Experienced	2	2		YES	Win the competitor against 2 or more competitors	Win the competitor at Worlds against 1 or no competitor
Wheelchair Experienced	Graduation is not applicable in this division						
Wheelchair Team	Graduation is not applicable in this division						

You will get rewarded (get a recommendation) when you get a high placement in divisions with many competitors (applies in all international competitions, not only WORLDS)

The rule below will **ONLY** apply for the divisions with more than 15 competitors, where the 2nd up to 5th (depending on the number of competitors) will receive the Graduation Criteria "recommended to move up to a higher level". This has NO effect on the points, they still must be earned.

- More competitors in one division than 15: second place also counts as win and will be recommended to move up
- More competitors in one division than 30: third place also counts as win and will be recommended to move up
- More competitors in one division than 45: fourth place also accounts as win and will be recommended to move up
- More competitors in one division than 60: fifth place also accounts as win and will be recommended to move up

No Graduation applicable for Teams

- ❖ **Line, Couple, ProAm & ProPro Star Divisions:** can move to a lower Age Division up to 20+ if they have qualified for that Division.
- ❖ **Line, Couple, ProAm & ProPro Star Divisions:** up to 19+ is not allowed to move to 20+ before turning 20 in the same calendar year.

Points accumulated with numbers of participants for all Divisions

<i>FOR</i> Overall Competitors Placement					
<i>International Events</i>					
<i>Competitors</i>	1st Place	2nd Place	3rd Place	4th Place	5th Place
1	0,5 point				
2	0,5 point				
3+	1 point				
10+	1 point	0,5 point			
15+	1 point	0,5 point	0,25 point		
20+	1 point	0,5 point	0,25 point	0,25 point	
25+	1 point	0,5 point	0,25 point	0,25 point	0,25 point

## 2.10 - PENALTIES

- ❖ Non-Conference Penalty Codes: One (1) Placement Reduction:
- ❖ C B F U M P T
  - C - Costume and Appearance
    - i.e. Cowboy Boots & Hats are missing if the category is asking for,
    - Panty hose is missing
  - B - Basic Pattern (see Basic Rules **in the different divisions**)
  - F - Courtesy and Floorcraft
    - i.e. bumping into each other,
    - Showcase – the whole floor **has to** be used, not only dancing in front of the judges
  - U - Unacceptable Behaviour
    - i.e. offensive gestures to the judges, dancers or spectators
    - (could be related to violence, sexual behaviour...)
  - M - Movement (see Movement Limitations)
  - P - Prop use (**costumes/items leaving the dancer are seen as prop use or** using extraordinary accessories attached to your clothing as part of your costume and using it as a prop, **will** result in a penalty P)
  - T – Timing
    - Means dancing out of rhythm in all divisions (i.e. Line, Couple, Team, Choreography..)
- ❖ Conference Penalty Code:
  - The only conference judge call, when extreme circumstances occur and can result in either disqualification or last place.
  - i.e. if a dancer leaves the floor

- O - One place down on all judges ballots
- L - Last place on all judges ballots
- X - Disqualification from all judges

### Penalty Record

- ❖ A log of all penalties issued at an event will be recorded by the contest coordinator at the scrutineer's table.

## 2.11 - QUALIFICATION AND QUALIFICATION PERIOD

- ❖ Every competitor must be a registered GOLD member BEFORE they can compete.
- ❖ Across ALL GOLD Divisions dancers always keep their points already achieved. That means that there is no limitation to the points a dancer has already earned.
- ❖ Only Intermediate & Advanced are allowed to dance in the Showcase Division.
- ❖ You may remain in your current division until after the World Championships. You can also graduate to a higher level during the Dance year (you don't have to wait until after worlds) but still doing 3 international events to qualify for worlds, and 1 of the 3 has to be an overall and it is the dancer's choice in which event you do the overall in.
- ❖ If a competitor does not compete in any GOLD competition for a continuous 2 full dancing year periods (1 period is from 1.1. – 31.12.), they may re-enter at 1 lower level. You may not compete in the Starter/Newcomer division, if you have competed at a higher level at any time at GOLD.
- ❖ **Crossing over from other international C&W organisations, you can take your points with you from the last 4 years. Crossover points will be evaluated individually.**
- ❖ **If you became Star after 2022 you will have to go back to Line Dance Advanced and Showcase. You will start with half of the points needed to graduate. Any Star title earned before 2022 can have an equal cross-over.**
- ❖ **All international dancers from all organisations can cross over to GOLD to the same division they competed in. They must provide the following information with their request:**
  - **The name of the organisation, where they won the title.**
  - **Proof of their qualification and the date it was achieved.**
  - **Proof of an event where they competed with a full programme in this division.**
- ❖ **All the documentation needs to be sent to [help@gold-dance.com](mailto:help@gold-dance.com) and be referred to the Registration Team.**
- ❖ Your current level registered at the time of your GOLD membership registration will be the level that will count for your equal cross over from another international C&W organisation. The equal cross over from another organisation is not valid after your first GOLD competition.
- ❖ Youngster & Adult divisions can only dance in their own age division.
- ❖ For all divisions from Youngster and up it is not allowed to move up to an older age division, until you have reached that certain age in that year, but divisions above adult are allowed to move down towards or into the Adult division.
- ❖ For all divisions from Youngster and below it is not allowed to move down to a younger age division, but divisions below Youngster are allowed to move up towards or into the Youngster division.
- ❖ Moving down in all the Star divisions (except Stars under 20 years old) is only allowed up to the qualified level (i.e. if you qualified in Level Line Dance Star 30+, then you can move down to Line Dance Star 20+ - but you can't go up to 40+).
- ❖ For Couples & Partners it is allowed to dance together with 2 different age divisions. Couples and Partners then have to compete in the division closest to Adult Age division.
- ❖ In ProAm & ProPro a Pro is not allowed to return as an Am.
- ❖ Your Line Dance, ProAm / ProPro and Couple skill level can differ from each other.



## 2.12 - DISPENSATION

- ❖ Dispensation requests for Cowboy Boots, hats etc. must be sent to GOLD in **as soon as possible** before competing and by email to: [rules@gold-dance.com](mailto:rules@gold-dance.com)
- ❖ The rules board will then respond **as soon as possible**.
- ❖ A medical certificate can be required from the Rules Board.
- ❖ If there are any extreme circumstances, the Rules Board will consider these requests.

## 2.13 - WORLD CHAMPIONSHIP REQUIREMENTS

- ❖ All competitors, except Mini, Teams, all Starter, **Generational** & all Wheelchair divisions, **MUST** compete at 3 international GOLD competitions in all divisions, (minimum of 1 must be for overall, where overall is applicable).
- ❖ Competitors in Mini, Teams & all Starter, **Generational** & Wheelchair divisions **MUST** compete in an overall in at least 1 International GOLD competitions to qualify for Worlds.
- ❖ Competitors in Choreography must compete in at least 3 International GOLD competitions in the selected Choreography division to qualify for Worlds. The choreography that will be danced at Worlds has to be qualified in the same year at an international GOLD competition.
- ❖ Competitors from continents outside of Europe must compete in an overall in at least 1 international GOLD competitions to qualify for Worlds.
- ❖ You may remain in your current level division until after the World Championships. You can also graduate to a higher level during the Dance year (you don't have to wait until after worlds) but still doing 3 international events except Mini, Teams, all Starter, **Generational** & all Wheelchair divisions to qualify for worlds, and 1 of the 3 **must** be an overall and it is the dancer's choice in which level division you do the overall in. Once you moved up into a higher level, you can't go back. Example:  
 You have reached the required points during the year.  
 First competition: Line Intermediate Jade Classic (Overall)  
 Second competition: Line Advanced Jade Classic (1 Dance)  
 Third competition: Line Advanced Jade Classic (1 Dance)  
 This qualifies you to compete in Line Advanced Jade Classic at Worlds that year.
- ❖ You are only allowed to dance in 1 age division per category at an event.
- ❖ **When dancing alone or against 1 Person/Couple in Advanced and / or Showcase in Line, Couple, ProAm or ProPro, an average of Gold Honours must be given to get the win for the Star division.**
- ❖ **At the World Championship you will earn the points described in the table below.**

### FOR WORLDS

#### Overall Competitors Placement

Competitors	1st Place	2nd Place	3rd Place	4th Place	5th Place
1	3 point				
2	3 point				
3+	3 point				
10+	3 point	1,5 point			
15+	3 point	1,5 point	0,75 point		
20+	3 point	1,5 point	0,75 point	0,75 point	
25+	3 point	1,5 point	0,75 point	0,75 point	0,75 point

# Linedance Mini Rules

## 3.1 - AGE DIVISIONS

- ❖ Mini 1 up to 6 Years - all dancers are winners
- ❖ Mini 2 7 – 9 Years - all dancers are winners
- ❖ Special Heroes all ages (mentally disabled) - all dancers are winners

## 3.2 - DANCES

- ❖ Mini 1 – only required Dance 1
- ❖ Mini 2 – required Dance 1 and Dance 2
- ❖ Special Heroes – only required Dance 1

## 3.3 - ENTRY RULES

- ❖ Every competitor has to be a registered GOLD member before they compete. See more info on the GOLD website.
- ❖ Competitor must be in the offered age category.
- ❖ Competitor does not dance in other offered divisions in GOLD.

## 3.4 - BASIC RULES - LINEDANCE

- ❖ Music will be counted in.
- ❖ Boy and Girl dancers will compete against each other.
- ❖ The provided dance should be danced as best as possible.
- ❖ Competitors can bring their own lead dancer (Lead dancer needs to know the dance).
- ❖ The final number of lead dancers will be determined by the Event Director.
- ❖ In the division Special Heroes, the lead dancers are allowed to touch the competitor.

## 3.5 - MOVEMENT LIMITATIONS - LINEDANCE

- ❖ There are no movement limitations.

# Linedance/Showcase Rules

## 4.1 - AGE DIVISIONS

- ❖ Tiny up to 7
- ❖ Kiddie 8+
- ❖ Junior 12+
- ❖ Youngster 16+
- ❖ Adult 20+
- ❖ Jade 30+
- ❖ Pearl 40+
- ❖ Ruby 50+
- ❖ Emerald 60+
- ❖ Platinum 70+ - this age division is not offered in Showcase Line

## 4.2 - DIVISIONS & DANCES

- ❖ Divisions:
  - Starter
  - Newcomer Classic
  - Newcomer Open
  - Novice Classic
  - Novice Open
  - Intermediate Classic
  - Intermediate Open
  - Advanced Classic
  - Advanced Open
  - Showcase Classic Line
  - Showcase Open Line
- ❖ Classic motions are:
  - Smooth
  - Rise & Fall
  - Lilt
- ❖ Open motions are:
  - Cuban
  - Funky
  - Showdance

## 4.3 - OVERALL REQUIREMENTS

- ❖ All divisions need a minimum of 2 dances for overall placement
- ❖ Best scored dances will be picked for scoring



#### 4.4 - BASIC RULES - LINEDANCE

- ❖ Music will be counted in.
- ❖ Only vanilla pattern and no variations are allowed for starter and newcomer divisions.
- ❖ Novice/Intermediate/Advanced should start with a full vanilla pattern. Variations are allowed with 8 counts (= 2 measures) of 4/4-time music or 6 counts (= 2 measures) of 3/4-time music. Throughout the dance, each variation must be followed by 2 measures of basic.
- ❖ Variations **have** to follow the flow of the dance.
- ❖ In an ABC or Tag dance, each section of the dance; A, B or C, or the Tag must begin with a full vanilla before any variation may be performed.

#### 4.5 - MOVEMENT LIMITATIONS - LINEDANCE

- ❖ A stationary dancing introduction is allowed within the radius of 1 single step during the music prior to the start of the dance.
- ❖ Moves that include acrobatics, jetés, splits, sitting (sit on the bum/bottom) or lying on the floor are not allowed. (exception only if one of those moves is choreographed in the dance)

#### 4.6 - BASIC RULES - SHOWCASE

- ❖ There will be no counting in.
- ❖ It **has to** be a choreographed routine with the intention to interpretate the music.
- ❖ Competitors must dance repetitive patterns choreographed to the phrasing of the music.
- ❖ The competitor may begin the routine in an area of their choice on the dance floor, as long as they do not interfere with the space of the other competitors.

#### 4.7 - MOVEMENT LIMITATIONS - SHOWCASE

- ❖ Moves that include acrobatics and lying on the floor are not allowed.

# Linedance Stars Rules

## 5.1 - AGE DIVISIONS

- ❖ Prime Star under 20
- ❖ Elite Star 20+
- ❖ Grand Star 30+
- ❖ Majestic Star 40+
- ❖ Imperial Star 50+
- ❖ Glorious Star 60+

## 5.2 - STAR DIVISION SET UP

- ❖ 2 Classic + 2 Showcase + 1 Medley
- ❖ Overall requirements: All 5 above
- ❖ 15% for every Classic – 20% for every Showcase & 30% for the Medley

## 5.3 - BASIC RULES - STAR LINE

- ❖ Music will be counted in.
- ❖ Stars **must** start with a full vanilla pattern. Variations are allowed with 8 counts (= 2 measures) of 4/4-time music or 6 counts (= 2 measures) of 3/4-time music. Throughout the dance, each variation must be followed by 2 measures of basic.
- ❖ Variations **must** to follow the flow of the dance.

## 5.4 - MOVEMENT LIMITATIONS - STAR LINE

- ❖ A stationary dancing introduction is allowed within the radius of one (1) single step during the music prior to the start of the dance.
- ❖ Moves that include acrobatics, lying or sitting (sit on the bum/bottom) - except for recovering from splits - are not allowed

## 5.5 - STAR SHOWCASE - BASIC RULES

- ❖ There will be no counting in.
- ❖ It should be a choreographed routine with the intention to interpret the music.
- ❖ Competitors must dance repetitive patterns choreographed to the phrasing of the music.
- ❖ The competitor may begin the routine in an area of their choice on the dance floor, as long as they do not interfere with the space of the other competitors.

## 5.6 - MOVEMENT LIMITATIONS - STAR SHOWCASE

- ❖ Moves that include acrobatics and lying on the floor are not allowed.

## 5.7 - STARS MEDLEY – BASIC RULES

- ❖ Music length is between 4 and 7 minutes, which includes the total set up and tear down time.
- ❖ Clocking starts when music/sound starts or people walk on the spaced dance floor. Clocking stops when the music/sound stops or last person left the spaced dance floor.
- ❖ Free choice of music, but be aware not to use explicit versions of your song or risking to receive a penalty.
- ❖ Props are allowed. But be aware we are a family orientated organisation, be careful using for example weapons. **Props have to be on the dance floor before starting the medley and are not allowed to leave it.**
- ❖ **The medley is a 1 person performance and no other person is allowed to interfere or participate.**
- ❖ No other limitations apply for the medley.

# Couples/ProAm/ProPro Rules

## 6.1 - AGE DIVISIONS

- ❖ Tiny up to 7
- ❖ Kiddie 8+
- ❖ Junior 12+
- ❖ Youngster 16+
- ❖ Adult 20+
- ❖ Jade 30+
- ❖ Pearl 40+
- ❖ Ruby 50+
- ❖ Emerald 60+
- ❖ Platinum 70+ - this age division is not offered in Showcase division

## 6.2 - DIVISION - THE STAIR SYSTEM

In all Couple/ProAm Divisions (except Partner and Stars) GOLD introduces the Stair System:

- ❖ Starter = 3 Dances – Cha Cha, Two Step, WCS
- ❖ Newcomer = 4 Dances - NC2S, Cha Cha, Two Step, WCS
- ❖ Novice = 6 Dances - NC2S, Cha Cha, Waltz, Two Step, ECS, WCS
- ❖ Intermediate = 8 Dances - Triple Two, Polka, NC2S, Cha Cha, Waltz, Two Step, ECS, WCS
- ❖ Advanced = 8 Dances - Triple Two, Polka, NC2S, Cha Cha, Waltz, Two Step, ECS, WCS

## 6.3 - OVERALL REQUIREMENTS

- ❖ Starter needs a minimum of 2 dances for overall
- ❖ Newcomer needs a minimum of 3 dances for overall
- ❖ Novice, Intermediate and Advanced need a minimum of 5 dances for overall
- ❖ Best scored dances will be picked for scoring

## 6.4 - BASIC RULES - CLASSIC

- ❖ In Couple / ProAm Starter & Newcomer no variations are allowed., except for one partner executing a foot change when moving between same foot as partner. These divisions have to start in closed position.
- ❖ In Couple / ProAm Novice to Advanced Division and ProPro dancers must show 1 Basic Timing within each phrasing of the music (see below for Basic Timing). These divisions can start in any connected position.
- ❖ In all divisions the dance needs to follow the spatial structure of the specific motion.

## 6.5 - TIMING RULES – CLASSIC & SHOWCASE

### Basic Timing

- ❖ Triple Two 1,2 3&4 5&6
- ❖ Polka 1&2 3&4 5&6 7&8
- ❖ Night Club 1 2&3 4&5 6&7 8& (S QQS QQS QQS QQ)
- ❖ Cha Cha 1 2 3 4&5 6 7 8&
- ❖ Waltz 1 2 3 4 5 6
- ❖ Two Step QQSS – or – QQS QQS – or – QQQQS S
- ❖ East Coast Swing 1&2 3&4 5 6 – or – 1&2 3 4 5&6 7 8
- ❖ West Coast Swing 1 2 3&4 5&6 – or – 1 2 3&4 5 6 7&8

## **6.6 - MOVEMENT LIMITATIONS - CLASSIC**

- ❖ Moves not allowed from Starter to Advanced: Lifts, acrobatics, non-lead patterns (except connected side by side patterns), non-connected side by side patterns (chase allowed in Cha Cha), sitting (sit on the bum/bottom), lying and splits.

## **6.7 - BASIC RULES - SHOWCASE**

- ❖ There will be no counting in.
- ❖ It should be a choreographed routine with the intention to interpret the music.
- ❖ Can start in any position (also not connected position).
- ❖ The competitor may begin the routine in an area of their choice on the dance floor, as long as they do not interfere with the space of the other competitors.
- ❖ The dance needs to follow the spatial structure of the specific motion.

## **6.7 - MOVEMENT LIMITATIONS - SHOWCASE**

- ❖ Moves that include Lying and Lifts where all of partner's body is raised above the waist of the supporting partner are not allowed.

# Stars Couples/ProAm/ProPro Rules

## 7.1 - AGE DIVISIONS - COUPLE STAR

- ❖ Blooming Stars under 20
- ❖ Ultimate Stars 20+
- ❖ Sublime Stars 30+
- ❖ Divine Stars 40+
- ❖ Amazing Stars 50+
- ❖ Dazzling Stars 60+

## 7.2 - AGE DIVISIONS - PROAM

- ❖ ProAm Blooming Star up to 19
- ❖ ProAm Ultimate Star 20+
- ❖ ProAm Amazing Star 50+

## 7.3 - AGE DIVISIONS - PROPRO

- ❖ ProPro Blooming Star up to 19
- ❖ ProPro Ultimate Star 20+
- ❖ ProPro Amazing Star 50+

## 7.4 - STAR DIVISION SET UP

Star **Couples**/Proam/ProPro

- ❖ 2 Classic + 2 Showcase + 1 Medley
- ❖ Overall requirements: All 5 above
- ❖ 15% for every Classic – 20% for every Showcase & 30% for the Medley

## 7.5 – CLASSIC - BASIC RULES

- ❖ There will be no counting in.
- ❖ Dancers must show 1 Basic Timing within each phrasing of the music (see below for Basic Timing). These divisions can start in any position (also not connected position).
- ❖ The dance needs to follow the spatial structure of the specific motion.

## 7.6 - TIMING RULES

### Basic Timing

- |                    |                                     |
|--------------------|-------------------------------------|
| ❖ Triple Two       | 1,2 3&4 5&6                         |
| ❖ Polka            | 1&2 3&4 5&6 7&8                     |
| ❖ Night Club       | 1 2&3 4&5 6&7 8& (S QQS QQS QQS QQ) |
| ❖ Cha Cha          | 1 2 3 4&5 6 7 8&                    |
| ❖ Waltz            | 1 2 3 4 5 6                         |
| ❖ Two Step         | QQSS – or – QQS QQS – or – QQQQS S  |
| ❖ East Coast Swing | 1&2 3&4 5 6 – or – 1&2 3 4 5&6 7 8  |
| ❖ West Coast Swing | 1 2 3&4 5&6 – or – 1 2 3&4 5 6 7&8  |

### 7.7 – CLASSIC - MOVEMENT LIMITATIONS -

- ❖ Moves that include acrobatics, lying and lifts where all of partner's body is raised above the waist of the supporting partner are not allowed.

### 7.8 - SHOWCASE - BASIC RULES

- ❖ There will be no counting in.
- ❖ It should be a choreographed routine with the intention to interpret the music.
- ❖ The competitor may begin the routine in an area of their choice on the dance floor, as long as they do not interfere with the space of the other competitors.

### 7.9 - MOVEMENT LIMITATIONS - SHOWCASE

- ❖ Moves that include acrobatics, lying and lifts where all of partner's body is raised above the head of the supporting partner are not allowed.

### 7.10 - STARS COUPLE/PRO-AM/PRO-PRO MEDLEY – BASIC RULE

- ❖ Music length is between 4 and 7 minutes, which includes the total set up and tear down time.
- ❖ Clocking starts when music/sound starts or people walk on the spaced dance floor. Clocking stops when the music/sound stops or last person left the spaced dance floor.
- ❖ Free choice of music, but be aware not to use explicit versions of your song or risking to receive a penalty.
- ❖ Props are allowed. But be aware we are a family orientated organisation, be careful using for example weapons. **Props have to be on the dance floor before starting the medley and are not allowed to leave it.**
- ❖ **The medley is a 2-person performance and no other person is allowed to interfere or participate.**
- ❖ No other limitations apply for the medley.

# Free Style Rules

## 8.1 - AGE DIVISIONS

Your age is the age you will be on the last day of that calendar year.

- ❖ Junior: up to 19
- ❖ Adult: 20+
- ❖ Senior: 50+

## 8.2 - DIVISIONS

- ❖ Free Style Starter
- ❖ Free Style Experienced

## 8.3 - ENTRY RULES

Free Style Starter Division

- ❖ Free to start in this division except if competed before in the Free Style Experienced.

Free Style Experienced Division

- ❖ Free to start in this division and for dancers who graduated from the Free Style Starter division.

## 8.4 - OVERALL REQUIREMENTS

- ❖ All divisions need a minimum of 2 out of 3 dances for Overall placement.
- ❖ Best scored dances will be picked for scoring.

## 8.5 - BASIC RULES - FREE STYLE STARTER

- ❖ Music will be counted in.
- ❖ Starter dancers must dance only full basic vanilla patterns with no variations.

## 8.6 - MOVEMENT LIMITATIONS - FREE STYLE STARTER

- ❖ A stationary dancing introduction is allowed within the radius of 1 single step during the music prior to the start of the dance.

## 8.7 - BASIC RULES - FREE STYLE EXPERIENCED

- ❖ Music will be counted in.
- ❖ 1st wall must be a full vanilla pattern, after 1st wall ONLY 8 connected counts in the whole dance needs to be vanilla (**variation can be anywhere in the dance**).
- ❖ Vanilla pattern of 8 counts (= 2 measures) consist of 4/4 time music or 6 counts (= 2 measures) of 3/4 time music.
- ❖ Variations need to follow the flow of the dance.

## 8.8 - MOVEMENT LIMITATIONS - FREE STYLE EXPERIENCED

- ❖ A stationary dancing introduction is allowed within the radius of 1 single step during the music prior to the start of the dance.
- ❖ Moves that include acrobatics, jetés, splits, sitting (sit on the bum/bottom) or lying on the floor are not allowed. (exception only if one of those moves is choreographed in the dance)



# Partner Rules

## 9.1 - AGE DIVISIONS

Your age is the age you will be on the last day of that calendar year

- ❖ Junior: up to 19 (If one of the dancers is Adult, then they will have to dance in the Adult division)
- ❖ Adult: 20+
- ❖ Senior: 50+ (If one of the dancers is Adult, then they will have to dance in the Adult division)

## 9.2 - DIVISIONS

- ❖ Partner Starter
- ❖ Partner Experienced

## 9.3 - ENTRY RULES

Partner Starter Division

- ❖ This division is only for dancers who have never competed in any other Partner, Couples or ProAm division except any other Starter division.

Partner Experienced Division

- ❖ This division is for dancers who graduated from Partner Starter and all dancers who want to be in this division.

## 9.4 - OVERALL REQUIREMENTS

- ❖ All divisions need a minimum of 2 out of 3 dances for Overall placement.
- ❖ Best scored dances will be picked for scoring.

## 9.5 - BASIC RULES - PARTNER STARTER

- ❖ Music will be counted in.
- ❖ Starter dancers must dance only full basic vanilla patterns with no variations.
- ❖ Starting position: as per the dance step description.

## 9.6 - MOVEMENT LIMITATIONS - PARTNER STARTER

- ❖ Introduction step is allowed within a radius of one step for both dancers

## 9.7 - BASIC RULES - PARTNER EXPERIENCED

- ❖ Music will be counted in.
- ❖ Partner Experienced **must** start with a full vanilla pattern. Variations are allowed with 8 counts (= 2 measures) of 4/4 time music or 6 counts (= 2 measures) of 3/4 time music. Throughout the dance, each variation must be followed by 2 measures of basic.
- ❖ Variations **must** to follow the flow of the dance.
- ❖ Starting position: As per the dance step description.

## 9.8 - MOVEMENT LIMITATIONS - PARTNER EXPERIENCED

- ❖ A stationary dancing introduction is allowed within the radius of 1 single step during the music prior to the start of the dance.
- ❖ Moves that include lifts, rides, acrobatics, jetés, knee slides, splits, non-lead patterns, sitting (sit on the bum/bottom) or lying on the floor are not allowed. (exception only if one of those moves is choreographed in the dance)
- ❖ Dance movements that rotate because of a leg kick or swing are not permitted to turn more than 360 degrees.

# Choreography Rules

## 10.1 - DIVISIONS

GOLD offers one united category for choreography, but split into 3 levels.

- ❖ Beginner (equal to Newcomer)
- ❖ Improver (equal to Novice) / Intermediate
- ❖ Advanced

## 10.2 - BASIC RULES

- ❖ Free choice of music, but be aware not to use explicit versions of your song or risking to receive a penalty.
- ❖ Step sheet is included in the judges scores, so it is mandatory upload the step sheet for the dances before the registrations is closed.
- ❖ Step sheets must be in English and include the following: Name of Dance, Counts, Tag/Bridge/Restart, Level of Dance, Number of Walls.
- ❖ Dance level must fit in the correct level.
- ❖ Music will be played 2 ½ minutes for all entries.
- ❖ Choreographer who submitted the dance must be on the floor presenting his/her own dance.
- ❖ Only 1 choreographer can present the same dance at the same competition.
- ❖ **Maximum of 10 dancers inclusive the choreographer is allowed on the floor.**
- ❖ Props are not allowed in choreography.

## 10.3 - ENTRY RULES

- ❖ Only 1 dance per division is allowed.

# Team Rules

## 11.1 - DIVISIONS

- ❖ Small Team Starter (if alone you can request to move to Large Team Starter)
- ❖ Large Team Starter (if alone you can request to move to Small Team Starter)
- ❖ Small Team Experienced (if alone you can request to move to Large Team Experienced)
- ❖ Large Team Experienced (if alone you can request to move to Small Team Experienced)
- ❖ Small Team Showtime (if alone you can request to move to Large Team Showtime)
- ❖ Large Team Showtime (if alone you can request to move to Small Team Showtime)
- ❖

## 11.2 - REQUIREMENTS

- ❖ Each Team Captain must be a registered GOLD member before the Team competes.
- ❖ Each Team should have a Team name and must have different show-names for each routine.
- ❖ Every Team name has to be registered.
- ❖ Teams competing in separate categories must have different music selections and different dance routines.
- ❖

## 11.3 - BASIC RULES

- ❖ Small Teams should consist between 2 to 5 members from all ages.
- ❖ Large Teams should consist of a minimum of 6 members from all ages.
- ❖ Free choice of music, but be aware not to use explicit versions of your song or risking to receive a penalty.
- ❖ Line, Solo and Couple dance may be used in any combination.
- ❖ Starter MUST show minimum of 1 motion (Lilt, Smooth, R&F, Cuban or Funky) that is offered in GOLD. **The Motion must be hearable & visible at least 30 second.**
- ❖ Experienced MUST show a minimum of 2 motions (Lilt, Smooth, R&F, Cuban, Funky) that are offered in GOLD. **Each Motion must be hearable & visible at least 30 second.**
- ❖ **The Team needs to send in a list to [dj@gold-dance.com](mailto:dj@gold-dance.com) with all music they use. The list must state the time and motion along with the title and singer/band.**
- ❖ **For the Showtime Team division, it is mandatory to incorporate a clear theme or story into the performance. A theme or story in dance refers to a central idea or narrative that is expressed through movement, music, and choreography, giving the routine a cohesive direction. Examples include portraying characters or concepts from Disney, Marvel, or popular movie themes, but any well-defined storyline or concept is acceptable as long as it is evident to the audience and judges.**
- ❖ **No props allowed in Starter & Experienced division. Hats and caps are allowed as long as they stay on the dance floor.**
- ❖ **Props are allowed in Showtime. But be aware we are a family orientated organisation, be careful using for example weapons. Props have to be on the dance floor before starting the routine and are not allowed to leave it.**
- ❖ Contest coordinator will time/clock Team competitor.
  - Starter (3-6 min.)
  - Experienced (3-6 min.)
  - Showtime (3-8 min.)

Clocking starts when music/sound starts or people walk on the spaced dance floor.

Clocking stops when the music/sound stops or last person left the spaced dance floor.

## 11.4 - MOVEMENT LIMITATIONS

### TEAM STARTER

- ❖ Moves not allowed: acrobatics, aerials, lifts, lying, bridges, sits (sit on the bum/bottom) and jetés.
- ❖ **All dancers have to be on the floor from the beginning to the end of the routine.**

### TEAM EXPERIENCED

- ❖ Moves not allowed: acrobatics (except lifts), aerials, sits (sit on the bum/bottom), lying and jetés which rotate.
- ❖ **All dancers have to be on the floor from the beginning to the end of the routine.**

### TEAM SHOWTIME

- ❖ **Moves not allowed: acrobatics and aerials.**
- ❖ Except above are no movement limitations when performing a Showtime routine. The expectation with Showtime is that a Theme/Story is visible/Hearable. Example: Disney, Marvel, Movie Theme etc.

# Wheelchair Rules

## 12.1 - DIVISIONS

GOLD introduces 3 categories for Wheelchair for both manual and electric wheelchairs for all ages.

- ❖ Wheelchair Starter Division
- ❖ Wheelchair Experienced Division
- ❖ Wheelchair Team Division

## 12.2 - ENTRY RULES

- ❖ **The GOLD Dance Board chooses the dances that will be danced for a two (2) year period.**
- ❖ Every competitor must be a registered GOLD member before they compete.
- ❖ Dancers must be a person with disabilities.
- ❖ Wheelchair dancers may only dance in the Wheelchair and Choreography divisions
- ❖ Male and Female dancers will compete against each other.
- ❖ All Starter competitors may self-graduate to the Experienced division at any time.

## 12.3 - OVERALL REQUIREMENTS

- ❖ All divisions need a minimum of 2 out of 3 dances for overall placement (This rule is not applicable for Wheelchair Teams)
- ❖ Best scored dances will be picked for scoring

## 12.4 - BASIC RULES - WHEELCHAIR STARTER

- ❖ Music will be counted in.
- ❖ Wheelchair dancers must dance only full basic vanilla patterns.
- ❖ No variations are allowed.
- ❖ All wheelchair dancers will compete in the same division without any differentiation.
- ❖ The dancer must control his/her displacements without obstructing other competitors.
- ❖ Obstructing other competitors will result in a penalty.
- ❖ A guided dancer/teacher is allowed to dance with the Wheelchair dancers as a reference. This person will not be judged.

## 12.5 - MOVEMENT LIMITATIONS - WHEELCHAIR STARTER

- ❖ A stationary dancing introduction within the radius of the arms and body, prior to the start of the dance is allowed.

## 12.6 - BASIC RULES - WHEELCHAIR EXPERIENCED

- ❖ Music will be counted in.
- ❖ Wheelchair Experienced should start with a full vanilla pattern. Variations are allowed with 8 counts (= 2 measures) of 4/4 time music or 6 counts (= 2 measures) of 3/4 time music. Throughout the dance, each variation must be followed by 2 measures of basic.
- ❖ Variations need to follow the flow of the dance.
- ❖ Starting position: As per the dance step description

### **12.7 - MOVEMENT LIMITATIONS - WHEELCHAIR EXPERIENCED**

- ❖ A stationary dancing introduction is allowed within the radius of 1 meter during the music prior to the start of the dance.
- ❖ Moves that include acrobatics or **leaving the wheelchair** are not allowed.

### **12.8 - BASIC RULES - WHEELCHAIR TEAM**

- ❖ A Team consist of a minimum of 2 members from all ages.
- ❖ Free choice of music, but be aware not to use explicit versions of your song or risking to receive a penalty Courtesy of a judge if a penalty has been given.
- ❖ Props are allowed. But be aware we are a family orientated organisation, be careful using for example weapons.
- ❖ Contest coordinator will time/clock Team competitor.
  - Wheelchair Team (3-6 min. incl. setup and teardown)

### **12.9 - MOVEMENT LIMITATIONS - WHEELCHAIR TEAM**

- ❖ There are no movement limitations when performing a Wheelchair Team routine.

# Generational Rules

## 13.1 - DIVISIONS

GOLD introduces 2 categories for Generational for all ages.

- ❖ Generational Starter Division
- ❖ Generational Experienced Division

## 13.2 – GENERAL REQUIREMENTS

- ❖ At least one competitor must be a registered GOLD member before they compete.
- ❖ The GOLD Dance Board chooses the dances.
- ❖ Family relation has to be clarified by the Dancer at registration.
- ❖ Synchronization of both dancers are being judged.
- ❖ It is allowed to compete in both divisions.
- ❖ It is not allowed to dance in one division twice with the same dancers.

## 13.3 - ENTRY RULES

### Generational Starter Division

- ❖ This category is for dancers where at least one of them is a Starter dancer, Mini dancer or who have never competed.
- ❖ This category is intended for dancers from two different generations (daughter with mother, granddaughter with grandmother etc.).
- ❖ Dancers must be in a formal / official FAMILY relationship.

### Generational Experienced Division

- ❖ This category is for dancers where at least one of them is in the Newcomer or a higher division.
- ❖ This category is intended for dancers from two different generations (daughter with mother, granddaughter with grandmother etc.).
- ❖ Dancers must be in a formal / official FAMILY relationship.

## 13.4 - OVERALL REQUIREMENTS

- ❖ Both divisions need a minimum of 1 dance for overall placement.

## 13.5 - BASIC RULES – STARTER & EXPERIENCED

- ❖ Music will be counted in.
- ❖ No variations are allowed.

## 13.6 - MOVEMENT LIMITATIONS – STARTER & EXPERIENCED

- ❖ A stationary dancing introduction is allowed within the radius of 1 single step during the music prior to the start of the dance.
- ❖ Moves that include acrobatics, jetés, splits, sitting (sit on the bum/bottom) or lying on the floor are not allowed (exception only if one of those moves is choreographed in the dance).
- ❖ Contact between dancers who are dancing together is allowed.