



Wild Horses

Choreographer: Marlon Ronkes

~Official GOLD competition dance 2025 - 2026~

Type of dance: 120 Count, 1 Wall, Polka - Line Dance
 Level: Star
 Music: "Wild Horses" by Ashes & Arrows (GOLD Edit – pitched down to 118bpm)
 Intro: 40 counts from first beat in music (app. 20 seconds into track)

Counts	Movement Description	End facing
1 – 8	Cross, Step L, Sailor Step ¼ Turn R, Step Fwd, Pivot ½ Turn L 2x, ¼ Turn L Rock Step	
1 – 2	Cross R over L (1), Step L to L side (2)	12:00
3 & 4	Cross R behind L (3), Turn ¼ R stepping L to L side (&), Step R to R side (4)	3:00
5 – 7	Step L forward (5), Turn ½ L stepping R back (6), Turn ½ L stepping L forward (7)	3:00
& 8	Turn ¼ L rocking R to R side (&), Recover on L (8)	12:00
9 – 16	Cross, Unwind Full Turn, Step L, Hold, ⅙ Turn L, Syncopated Kicking Turns	
1 – 4	Cross R over L (1), Full turn L (2) Big step L to L side (3) Hold (4)	12:00
5 & 6 &	Turn ⅙ L kicking R forward (5), Turn ½ L stepping R back (&), Turn ½ L kicking L forward (6), Step L forward (&)	10:30
7 & 8 &	Kick R forward (7), Turn ½ L stepping R back (&), Turn ⅙ L kicking L forward (8) Step L forward (&)	12:00
17 – 24	Rock Step Fwd, Shuffle ½ Turn R, Rock Step Fwd & ¼ Turn Sweep, Sailor Step	
1 – 2	Rock R forward (1), Recover on L (2)	12:00
3 & 4	Turn ¼ R stepping R to R side (3), Step L next to R (&), Turn ¼ R stepping R forward (4)	6:00
5 – 6	Rock L forward (5), Turn ¼ L while recovering on R & sweep L back (6)	3:00
7 & 8	Cross L behind R (7), Step R to R side (&), Step L to L side (8)	3:00
25 – 32	Step Fwd, Scuff, Hop ½ Turn, ¼ Turn R, Step R, Hold, Extended Weave	
1 – 2 &	Step R forward (1), Scuff L forward (2), Hop ½ turn R landing on L (&)	9:00
3 – 4	Turn ¼ R stepping R to R side (3), Hold (4)	12:00
5 & 6 &	Cross L over R (5), Step R to R side (&), Cross L behind R (6), Step R to R side (&)	12:00
7 & 8	Cross L over R (7), Step R to R side (&), Cross L behind R (8)	12:00
Restart	Here in wall 3	
33 – 40	Rock Step R, Shuffle ¾ Turn R, Shuffle Fwd, Shuffle ½ Turn L	
1 – 2	Rock R to R side (1), Recover on L (2)	12:00
3 & 4	Turn ½ R stepping R to R side (3), Step L next to R (&), Turn ¼ R stepping R forward (4)	9:00
5 & 6	Step L forward (5), Step R next to L (&), Step R forward (6)	9:00
7 & 8	Turn ¼ L stepping R to R side (7), Step L next to R (&), Turn ¼ L stepping R back (8)	3:00
41 – 48	¼ Turn L, Knee Down, Knee Full Spin, Stand, Flick, Cross, ⅙ Turn R	
& 1 – 4	Turn ¼ L stepping L to L side (&) Go down on R knee (1), Full knee turn R (2,3) Still on L knee stepping R diagonally R forward (4)	12:00
Option	Turn ¼ L stepping L to L side (1), Turn ¼ R stepping R forward (2), Turn ½ R step back on L (3), Turn ¼ R stepping R to R side (4) Hold (5)	12:00
5 – 8	Stand on R (5), Flick L back (6), Cross L over R (7), Unwind Turn ⅙ R keeping weight on L (8)	10:30
Bridge	Here in wall 4: Change the last count in this section to 1 1/8 turn R keeping weight on L, skip counts 49-64, then continue starting at count 65	1:30
49 – 56	Press Full Turn 2x	
1 – 4	Press R forward (1), Hold (2), Full turn R on R (3), Step L next to R (4)	10:30
5 – 8	Press R forward (5), Hold (6), Full turn R on R (7), Step L next to R (8)	10:30
57 – 64	Step ½ Turn L, Shuffle ½ Turn L, Skip Back 2x, Cross Back ⅙ Turn R, Full Turn L	
1 – 2	Step R forward (1), Turn ½ L stepping on L (2)	4:30
3 & 4	Turn ¼ L stepping R to R side (3), Step L next to R (&), Turn ¼ L stepping R back (4)	10:30
& 5 & 6	Hop on R hitching L knee (&), Step L back (5), Hop on L hitching R knee (&), Step R back (6)	10:30
7 – 8	Turn ⅙ R Cross L behind R (7), Unwind full turn L (weight ends on L) (8)	12:00



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65 – 72	Gallop, Pique Turn R 2x	
1 & 2 &	Turn 1/8 R stepping R forward (1), Step L behind R (&), Step forward on R (2), Step L behind R (&)	1:30
3 & 4	Step R forward (3), Step L behind R (&), Step R forward (4)	1:30
5 – 6	Full turn R hitching L turned out knee (5), Step L next to R (6)	1:30
7 – 8	Full turn R hitching L turned out knee (7), Step L next to R (8)	1:30
73 – 80	Step Fwd, 7/8 Pencil Turn, Cross & Heel, Bend Down, Stand Up, Close	
1 – 4	Step R forward (1), Turn 7/8 R stepping on R with L leg straight to L side (2 – 4)	12:00
5 & 6	Cross L over R (5), Step R to R side (&), Touch L heel diagonally L forward (6)	12:00
7 – 8	Bend knees stepping L on L (7), Shift weight to L straighten knees bring R next to L (8)	12:00
81 – 88	Shuffle 2x Full Turn, Mashed Potatoes, Bend Down, Stand Up	
1 & 2 &	Step R to R side (1), Step L next to R (&), Step R to R side (2), Turn 1/4 L (&)	9:00
3 & 4	Turn 1/4 L stepping L forward (3), Step R next to L (&), Turn 1/4 L crossing L over R (4)	3:00
5 – 6	Turn 1/4 L stepping back on R swivelling toes on BF out (5), Step back on L swivelling toes on BF out (6)	12:00
7 – 8	Feet together bend down (7), straighten both legs (8)	12:00
89 – 96	Double Arabesque, Swivel Kicks 2x, Kick, Flick	
1 – 4	Step R forward (1), Double turn R on R left knee in attitude (2 – 4)	12:00
Option	Step forward on R (1), Full turn R on R left knee in attitude (2 – 4)	12:00
5 – 6	Kick L in front of R (5), Kick L to L side (6)	12:00
7 – 8	Kick L diagonally forward L (7), Step L next to R kicking R diagonally back R (8)	12:00
97–104	Cross Unwind 1/2 Turn, Point Switches, Cross Unwind 1/2 Turn, Point Switches	
1 – 2	Cross R over L (1), Turn 1/2 L stepping on L (2)	6:00
& 3 & 4	Step R next to L (&), Point L to L side (3), Step L next to R (&), Point R to R side (4)	6:00
5 – 6	Cross R over L (5), Turn 1/2 L stepping on L (6)	12:00
& 7 & 8	Step R next to L (&), Point L to L side (7), Step L next to R (&), Point R to R side (8)	12:00
105-112	Kick Combination, Touch, Kick	
1 – 2 &	Cross kick R in front of L (1), Kick R diagonally R forward (2), Step R next to L (&)	12:00
3 – 4 &	Cross kick L in front of R (3), Kick L diagonally L forward (4), Step L next to R (&)	12:00
5 – 6	Cross kick R in front of L (5), Kick R diagonally R forward (6)	12:00
7 – 8	Touch R behind L (7), Kick R diagonally R forward (8)	12:00
113-120	Step 1/2 Turn L 2x, Full Turn Point, Hold 3x	
1 – 2	Step R forward (1), Turn 1/2 L stepping on L (2)	6:00
3 – 4	Step R forward (3), Turn 1/2 L stepping on L (4)	12:00
5 – 8	Full turn L (5), Point R to R side (6), Hold (7 – 8)	12:00
Counts	Movement Description	End facing
Tag	After Wall 1	
1 – 8	Step Fwd, Flick Back, Step Back, Flick Fwd, Touch, Flick Back, Touch, Flick Fwd, Touch & Touch & Step, Cross Back, 7/8 Unwind Turn R	
& 1 & 2	Step R forward (&), Flick L back & touch it with R hand (1), Step L back (&), Flick R forward & touch it with L hand (2)	12:00
& 3 & 4	Point R forward (&), Flick R to R side & touch it with R hand (3), Point R forward (&), Flick R to L side & touch it with L hand (4)	12:00
5 & 6	Point R to R side (5), Step R next to L (&), Point L to L side (6)	12:00
& 7 – 8	Step L forward (&), Cross R behind L (7), Unwind turn 7/8 R, weight ends on L (8) (with the first Cross step of the dance you will be turning 1/8 R to face the front)	10:30