



# Whip It

Choreographers: Shane McKeever & Rachael McEnaney

-Official GOLD competition dance 2025 - 2026-

Type of dance: 64 Count, 2 Walls, Funky - Line Dance  
 Level: Advanced  
 Music: "Whip It!" by LunchMoney Lewis (ft. Chloe Angelides) (GOLD Edit – Original Speed)  
 Intro: 32 counts from first beat in music (app. 15 seconds into track)

Counts	Movement Description	End facing
<b>1 – 8</b>	<b>Diagonal Step, Hitch, Step L, Close, Diagonal Step, Step L, Step Back, Close</b>	
1 – 2	Step R to R diagonal & hitch L, fists clenched up pulling R elbow back (1), Step L to L side, punch R arm forward tilting head slightly L (2)	12:00
3 – 4	Step R back (3), Step L next to R, relax arms (4)	12:00
5 – 6	Step R to R diagonal, punch L arm forward tilting head slightly R (5), Step L to L side, bring L arm back as you punch R arm forward tilting head slightly L (6)	12:00
7 – 8	Step R back (7), Step L next to R, relax arms (8)	12:00
<b>9 – 16</b>	<b>Step Fwd, Hitch, Funky Lock Step Back 2x, Sweep, Behind, ¼ Turn L, Step Fwd, ½ Pivot Turn L</b>	
1 – 2 &	Step R forward (1), Step L back hitching R knee (2), Cross R over L on ball (&)	12:00
3 & 4	Step L back hitching R knee (3), Cross R over L on ball (&), Step L back sweeping R back (4)	12:00
5 – 6	Cross R behind L (5), Turn ¼ L stepping L forward (6)	9:00
7 – 8	Step R forward (7), Turn ½ L stepping L forward (8)	3:00
<b>17 – 24</b>	<b>Kick, Close, Touch 3x, Cross with Heel Grind ¼ Turn L, Step Back, Heel Switches</b>	
1 & 2	Kick R forward (1), Step R next to L (&), Touch L to L side (2)	3:00
3 – 4	Touch L over R (3), Touch L to L side (4)	3:00
5 – 6	Cross L over R on heel, L toe in (5), Turn ¼ L stepping R back, L heel pushes into floor to make the turn (6)	12:00
& 7 & 8	Step L next to R (&), Touch R heel forward (7), Step R next to L (&), Touch L heel forward (8)	12:00
<b>25 – 32</b>	<b>Close, Tap, Rock Fwd, Step Fwd, Kick Switches ⅙ Turn L, Step Fwd, Touch, ⅞ Turn L</b>	
& 1 – 2	Step L next to R (&), Tap R toe slightly forward (1), Step R forward pushing R hip forward (2)	12:00
3 – 4	Recover on L pushing L hip back (3), Step R forward (4)	12:00
5 & 6	Kick L forward (5), Turn ⅙ L stepping L next to R (&), Kick R forward (6)	10:30
& 7 – 8	Step R slightly forward (&), Touch L behind R (7), Turn ⅞ L stepping on L (8)	12:00
<b>33 – 40</b>	<b>Walk 4x, Hitch, Back Sweep 2x, ¼ Coaster Turn R</b>	
1 – 2	Step R forward (1), Step L forward (2)	12:00
3 – 4	Step R forward (3), Step L forward hitching R (4)	12:00
5 – 6	Step R back sweeping L back (5), Step L back sweeping R back (6)	12:00
7 & 8	Cross R behind L (7), Turn ¼ R stepping L next to R (&), Step R forward (8)	3:00
<b>Styling:</b>	L arm is out to L side, L palm pushed down, on each step R palm pushes forward, body angled to R diagonal (1, 2, 3), R hand swipes down and L hand swipes up as they clap (4)	
<b>41 – 48</b>	<b>Step ½ Turn R, Rock Step 2x, Cross Back, Hitch, Cross Back</b>	
1 – 2	Step L forward (1), Turn ½ R stepping on R (2)	9:00
3 – 4	Step L to L side slightly bending knees and pushing hips from L to R (3), Recover on R straightening knees and continuing sending the hips R (4)	9:00
5 – 6	Repeat counts 3 – 4 (5 – 6)	9:00
7 – 8	Cross L behind R hitching R knee to R side (7), Cross R behind L (8)	9:00

Counts 49-64 and Tag are on the next page.



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Counts	Movement Description	
<b>49 – 56</b>	<b>Close, Jump, Hold, Close, Cross Shuffle, Side Rock, Cross Back, ¼ Turn R, Step Fwd</b>	
& 1 – 2	Step L next to R (&), Jump both feet out (1), Hold (2)	9:00
& 3 & 4	Step L next to R (&), Cross R over L (3), Step L to L side (&), Cross R over L (4)	9:00
5 – 6	Step L to L side (5), Recover on R (6)	9:00
7 – 8	Cross L behind R (7), Turn ¼ R stepping R forward (8)	12:00
<b>57 – 64</b>	<b>¼ Turn R, Step L &amp; Hip Roll, Tap, Step R &amp; Hip Roll, ¼ Turn L, Tap, Step Fwd, Circle ½ Turn L Walk Fwd</b>	
1 – 2	Turn ¼ R stepping L to L side & roll hips clockwise (1), Tap R toe to R diagonal & finish hip roll (2)	3:00
3 – 4	Step R to R side & roll hips counterclockwise (3), Turn ¼ L tapping L toe forward & finish hip roll (4)	12:00
5 – 6	Step L forward (5), Turn ⅛ L stepping R forward (6)	10:30
7 & 8	Turn ⅛ L stepping L forward (7), Turn ⅛ L stepping R forward (&), Turn ⅛ L stepping L forward (8)	6:00
Styling	Steps are done on the balls of feet rolling from outside edge to inside with knees slightly bent while keeping the steps very small (5-8)	