



# Bella

**Choreographers: Raymond Sarlemijn, Darren Bailey & Michel Platje**

~Official GOLD competition dance 2025 - 2026~

Type of dance: 64 Count, 2 Walls, Line Dance  
 Level: Freestyle Experienced  
 Music: "Bella" by Maître Gimes (GOLD Edit – Original Speed)  
 Intro: 32 counts from first beat in music (app. 19 seconds into track)

Counts	Movement Description	End facing
<b>1 – 8</b>	<b>Samba Whisk 2x, Walk 2x, Shuffle, Step Fwd</b>	
1 a 2	Step R to R side (1), Step L behind R (a), Cross R over L (2)	12:00
3 a 4	Step L to L side (3), Step R behind L (a), Cross L over R (4)	12:00
5 – 6	Step R forward (5), Step L forward (6)	12:00
7 & a 8	Step R forward (7), Step L behind R (&), Step L forward (a), Step R forward (8)	12:00
<b>9 – 16</b>	<b>Batucada's, ¼ Turn L, Back, Coaster Step, Shoulder Roll, Chest Pump</b>	
1 & a 2	Rock R forward (1), Recover on L (&), Step R back (a), Rock L forward (2)	12:00
& a 3 & 4	Recover on R (&), Step L back (a), Rock R forward (3), Recover on L (&), Turn ¼ L stepping R back (4)	9:00
5 & 6	Step L back (5), Step R next to L (&), Step L forward (6)	9:00
7 & 8	Roll shoulders from back to front (7), Press chest forward (&), Push chest back (8)	9:00
<b>17 – 24</b>	<b>Kick Ball Point 2x, Botafogo 2x</b>	
1 & 2	Kick R forward (1), Step R next to L (&), Point L backward (2)	9:00
3 & 4	Kick L forward (3), Step L next to R (&), Point L backward (4)	9:00
5 & 6 &	Cross R over L (5), Step L to L side (&), Point R diagonally forward (6), Step R next to L (&)	9:00
7 & 8 &	Cross L over R (7), Step R to R side (&), Point L diagonally forward (8), Step L next to R (&)	9:00
<b>25 – 32</b>	<b>½ Samba Diamond, Walk 2x, Mambo Cross</b>	
1 & 2	Cross R over L (1), Step L to L side (&) ½ Turn R stepping R back (2)	10:30
3 & 4	Step L back (3), Turn ½ R stepping R next to L (&), Turn ½ R stepping L forward (4)	1:30
5 – 6	Step R forward (5), Step L forward (6)	1:30
7 & 8	Rock R to R side (7), Recover on L (&), Cross R over L (8)	1:30
<b>33 – 40</b>	<b>Side Rock, Volta Steps 2x, Hold, Close, Cross</b>	
1 & 2	Rock L to L side (1), Recover on R (&), Cross L over R (2)	1:30
& 3 & 4	Turn ⅛ L stepping R to R side (&), Turn ¼ L crossing L over R (3), Turn ¼ L stepping R to R side (&), Cross L over R (4)	6:00
5 – 7	Step R to R side & point L to L side (5), Hold (6 -7)	6:00
& 8	Step L next to R (&), Cross R over L (8)	6:00
<b>41 – 48</b>	<b>Cross Shuffle ¾ Turn L, Triple Step ¼ Turn L, Rock Step, Weave R</b>	
1 & 2	Turn ¼ L stepping L forward (1), Turn ¼ L stepping R behind L (&), Turn ¼ L crossing L over R (2)	3:00
3 & 4	Turn ¼ L stepping R back (3), Step L next to R (&), Cross R over L (4)	6:00
5 – 6	Rock L to L side (5), Recover on R (6)	6:00
7 & 8	Cross L behind R (7), Step R to R side (&), Cross L over R (8)	6:00
<b>49 – 56</b>	<b>Mambo R, Step L, Close, Mambo L, Step R, Close, Step Fwd</b>	
1 & 2	Rock R to R side (1), Recover on L (&), Step R next to L (2)	6:00
3 – 4	Step L to L side (3), Step R next to L (4)	6:00
5 & 6	Rock L to L side (5), Recover on R (&), Step L next to R (6)	6:00
7 & 8	Step R to R side (7), Step L next to R (&), Step R forward (8)	6:00
<b>57 – 64</b>	<b>Mambo L &amp; Step Fwd, Mambo Fwd, Coaster Step /Pressure Step, Clap 3x</b>	
1 & 2	Step L to L side (1), Step R next to L (&), Step L forward (2)	6:00
3 & 4	Rock R forward (3), Recover on L (&), Step R back (4)	6:00
5 & 6	Step L back (5), Step R next to L (&), Press L forward (6)	6:00
7 & 8	Clap hands 3x (7 & 8)	6:00